

Psalm 46

- <sup>1</sup> God is our refuge and strength,  
an ever-present help in trouble.
- <sup>2</sup> Therefore we will not fear, though the earth give way  
and the mountains fall into the heart of the sea,  
<sup>3</sup> though its waters roar and foam  
and the mountains quake with their surging. <sup>[c]</sup>
- <sup>4</sup> There is a river whose streams make glad the city of  
God,  
the holy place where the Most High dwells.
- <sup>5</sup> God is within her, she will not fall;  
God will help her at break of day.
- <sup>6</sup> Nations are in uproar, kingdoms fall;  
he lifts his voice, the earth melts.
- <sup>7</sup> The LORD Almighty is with us;  
the God of Jacob is our fortress.
- <sup>8</sup> Come and see what the LORD has done,  
the desolations he has brought on the earth.
- <sup>9</sup> He makes wars cease  
to the ends of the earth.  
He breaks the bow and shatters the spear;  
he burns the shields <sup>[d]</sup> with fire.
- <sup>10</sup> He says, “Be still, and know that I am God;  
I will be exalted among the nations,  
I will be exalted in the earth.”
- <sup>11</sup> The LORD Almighty is with us;  
the God of Jacob is our fortress.